








# September 2018

Berkeley Oaks

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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<p><i>Monday, September 3<sup>rd</sup></i></p> 	<p><i>Sunday, September 9<sup>th</sup></i></p> 	<p><i>September 9<sup>th</sup>-15<sup>th</sup></i></p> 				<p>9:00 Exercise 9:30 Balloon Volleyball 10:00 Snack &amp; Chat 10:30 Bean Bag Toss 11:00 Trivia 11:30 Hand Washing 4 Lunch 12:00 Pre-Labor Day Cookout 1:00 Relaxing Time / One-on-One 2:00 Snack &amp; Chat 3:30 Kickball 4:00 Television Time 6:00 Outside Time</p>
2	3	4	5	6	7	8
<p>9:00 Exercise 9:30 Balloon Volleyball 10:00 Snack &amp; Chat 10:30 Outside Time 11:00 Hymn Music (Youtube) 11:30 Hand Washing 4 Lunch 1:00 Relaxing Time / One-on-One 2:00 Snack &amp; Chat 2:30 Spiritual Trivia 3:30 Bible Study 4:00 Music Meditation 6:00 Television Time</p>	<p>9:00 Exercise <b>9:30 Music with Jack</b> 10:00 Snack &amp; Chat 10:30 Learning About Labor Day 11:00 Labor Day Trivia 11:30 Hand Washing 4 Lunch 1:00 Relaxing Time / One-on-One 2:00 Popsicles on the Porch 2:30 Name 10 things you did on Labor Day 3:30 Sing Along 4:00 Aromatherapy &amp; Lotions 6:00 Floor Games</p>	<p>9:00 Exercise 9:30 Time to make the pudding 10:00 Snack &amp; Chat 10:30 Outside Time 11:00 Wise Sayings &amp; Fill in the blank 11:30 Hand Washing 4 Lunch 1:00 Relaxing Time / One-on-One 2:00 Snack &amp; Chat 2:30 Table Games &amp; Puzzles 3:30 Music Meditation 4:00 Ring Toss 6:00 Adult Coloring &amp; Soft music</p>	<p>9:00 Exercise 9:30 Balloon Volleyball 10:00 Snack &amp; Chat 10:30 Outside Time 11:00 It's Addition 11:30 Hand Washing 4 Lunch 1:00 Relaxing Time / One-on-One 2:00 Snack &amp; Chat 2:30 Yahtzee 3:30 Basketball Toss 4:00 Sing Along 6:00 Movie &amp; Popcorn</p>	<p>9:00 Exercise 9:30 Time to make the cookies 10:00 Snack &amp; Chat 10:30 Outside Time 11:00 Jeopardy 11:30 Hand Washing 4 Lunch 1:00 Relaxing Time / One-on-One 2:00 Snack &amp; Chat 2:30 Scrabble 3:30 Sponge painting 4:00 Music Time 6:00 Puzzles</p>	<p>9:00 Exercise 9:30 Water Painting 10:00 Snack &amp; Chat 10:30 Outside Time 11:00 Charades 11:30 Hand Washing 4 Lunch 1:00 Relaxing Time / One-on-One 2:00 Snack &amp; Chat 2:30 Table Games 3:30 Reminiscing 4:00 Let's Go to the Hop 6:00 Floor Games</p>	<p>9:00 Exercise 9:30 Balloon Volleyball 10:00 Snack &amp; Chat 10:30 Bean Bag Toss 11:00 Trivia 11:30 Hand Washing 4 Lunch 1:00 Relaxing Time / One-on-One 2:00 Snack &amp; Chat 2:30 Table Games 3:30 Bowling 4:00 Television Time 6:00 Outside Time</p>
9	10	11	12	13	14	15
<p>9:00 Exercise 9:30 Balloon Volleyball 10:00 Snack &amp; Chat 10:30 Outside Time 11:00 Hymn Music (Youtube) 11:30 Hand Washing 4 Lunch <b>1:00 "Grandparents Rock" Social w/Dan Smith</b> 2:00 Grandma &amp; Grandpa Snacks 2:30 Reminiscing 3:30 Grandparents are a Hoot 4:00 Music Meditation 6:00 Television Time</p>	<p>9:00 Exercise <b>9:30 Let's Talk About Our Life</b> 10:00 Snack &amp; Chat 10:30 Outside Time 11:00 Name 10 11:30 Hand Washing 4 Lunch 1:00 Relaxing Time / One-on-One 2:00 Snack &amp; Chat 2:30 Seek &amp; Find Puzzles 3:30 Sing Along 4:00 Aromatherapy &amp; Lotions 6:00 Floor Games</p>	<p>9:00 Exercise <b>9:30 Silhouettes</b> 10:00 Snack &amp; Chat 10:30 Outside Time 11:00 Conversation Starters 11:30 Hand Washing 4 Lunch 1:00 Relaxing Time / One-on-One 2:00 Snack &amp; Chat 2:30 Table Games &amp; Puzzles 3:30 Music Meditation 4:00 Ring Toss 6:00 Adult Coloring &amp; Soft music</p>	<p>9:00 Exercise <b>9:30 Guess Who</b> 10:00 Snack &amp; Chat 10:30 Outside Time 11:00 It's Subtraction 11:30 Hand Washing 4 Lunch 1:00 Relaxing Time / One-on-One 2:00 Snack &amp; Chat 2:30 Yahtzee 3:30 Let's Play Cards 4:00 Sing Along 6:00 Movie &amp; Popcorn</p>	<p>9:00 Exercise <b>9:30 Funny Photos</b> 10:00 Snack &amp; Chat 10:30 Outside Time 11:00 Jeopardy 11:30 Hand Washing 4 Lunch 1:00 Relaxing Time / One-on-One 2:00 Snack &amp; Chat 2:30 Scrabble 3:30 Sponge painting 4:00 Music Time 6:00 Puzzles</p>	<p>9:00 Zumba with Peggy <b>9:30 Create an activities collage</b> 10:00 Snack &amp; Chat 10:30 Outside Time 11:00 Cities &amp; States 11:30 Hand Washing 4 Lunch 1:00 Relaxing Time / One-on-One 2:00 Snack &amp; Chat 2:30 Table Games 3:30 Manicures &amp; Hand Massages 4:00 Let's Go to the Hop 6:00 Floor Games</p>	<p>9:00 Exercise <b>9:30 Reminiscence about the Week</b> 10:00 Snack &amp; Chat 10:30 Bean Bag Toss 11:00 Trivia 11:30 Hand Washing 4 Lunch 1:00 Relaxing Time / One-on-One 2:00 Snack &amp; Chat 2:30 Table Games 3:30 Kickball 4:00 Television Time 6:00 Outside Time</p>
16	17	18	19	20	21	22
<p>9:00 Exercise 9:30 Balloon Volleyball 10:00 Snack &amp; Chat 10:30 Outside Time 11:00 Hymn Music (Youtube) 11:30 Hand Washing 4 Lunch 1:00 Relaxing Time / One-on-One 2:00 Snack &amp; Chat 2:30 Word Games 3:30 Bible Study 4:00 Music Meditation 6:00 Television Time</p>	<p>9:00 Exercise 9:30 Kickball 10:00 Snack &amp; Chat 10:30 Outside Time 11:00 Name 10 11:30 Hand Washing 4 Lunch 1:00 Relaxing Time / One-on-One 2:00 Snack &amp; Chat 2:30 Seek &amp; Find Puzzles 3:30 Sing Along 4:00 Aromatherapy &amp; Lotions 6:00 Floor Games</p>	<p>9:00 Exercise 9:30 Crafts-Make pillows 10:00 Snack &amp; Chat 10:30 Outside Time 11:00 Reminiscing 11:00 Wise Sayings &amp; Fill in the blank 11:30 Hand Washing 4 Lunch 1:00 Relaxing Time / One-on-One 2:00 Snack &amp; Chat 2:30 Table Games &amp; Puzzles 3:30 Music Meditation 4:00 Ring Toss 6:00 Adult Coloring &amp; soft music</p>	<p>9:00 Exercise 9:30 Reminiscing about apple picking time 10:00 Snacking with apples <b>10:30 Painting with Karen</b> 11:30 Hand Washing 4 Lunch 1:00 Relaxing Time / One-on-One 2:00 Snack &amp; Chat 2:30 Yahtzee 3:30 Leaf Toss 4:00 Sing Along 6:00 Movie &amp; Popcorn</p>	<p>9:00 Exercise 9:30 Let's make smoothies 10:00 Snack &amp; Chat 10:30 Outside Time 11:00 Jeopardy 11:30 Hand Washing 4 Lunch 1:00 Relaxing Time / One-on-One 2:00 Snack &amp; Chat 2:30 Scrabble 3:30 Sponge painting 4:00 Music Time 6:00 Puzzles</p>	<p>9:00 Exercise 9:30 Charades 10:00 Snack &amp; Chat 10:30 Outside Time 11:00 Can you guess who 11:30 Hand Washing 4 Lunch 1:00 Relaxing Time / One-on-One 2:00 Snack &amp; Chat 2:30 Table Games 3:30 Manicures &amp; Hand Massages 4:00 Let's Go to the Hop 6:00 Floor Games</p>	<p>9:00 Exercise 9:30 Balloon Volleyball 10:00 Snack &amp; Chat 10:30 Bean Bag Toss 11:00 Trivia 11:30 Hand Washing 4 Lunch 1:00 Relaxing Time / One-on-One 2:00 Snack &amp; Chat 2:30 Table Games 3:30 Bowling 4:00 Television Time 6:00 Outside Time</p>
23	24	25	26	27	28	29
<p>9:00 Exercise 9:30 Balloon Volleyball 10:00 Snack &amp; Chat 10:30 Outside Time 11:00 Hymn Music (Youtube) 11:30 Hand Washing 4 Lunch 1:00 Relaxing Time / One-on-One 2:00 Snack &amp; Chat 2:30 Spiritual Trivia 3:30 Table Games 4:00 Music Meditation 6:00 Television Time</p>	<p>9:00 Exercise 9:30 Kickball 10:00 Snack &amp; Chat 10:30 Outside Time 11:00 Name 10 11:30 Hand Washing 4 Lunch 1:00 Relaxing Time / One-on-One 2:00 Snack &amp; Chat 2:30 Seek &amp; Find Puzzles 3:30 Sing Along 4:00 Aromatherapy &amp; Lotions 6:00 Floor Games</p>	<p>9:00 Exercise 9:30 Fun with Rice Crispy's 10:00 Snack &amp; Chat 10:30 Outside Time 11:00 Conversation Starters 11:30 Hand Washing 4 Lunch 1:00 Relaxing Time / One-on-One 2:00 Snack &amp; Chat 2:30 Table Games &amp; Puzzles 3:30 Music Meditation 4:00 Ring Toss 6:00 Adult Coloring &amp; soft music</p>	<p>9:00 Exercise 9:30 Balloon Volleyball 10:00 Snack &amp; Chat 10:30 Outside Time 11:00 Ring Toss 11:30 Hand Washing 4 Lunch 1:00 Relaxing Time / One-on-One <b>2:00 Monthly Birthday Party</b> 2:30 Yahtzee 3:30 Bean Bag Toss 4:00 Sing Along 6:00 Movie &amp; Popcorn</p>	<p>9:00 Exercise 9:30 Fun with Cookie Dough 10:00 Snack &amp; Chat 10:30 Outside Time 11:00 Jeopardy 11:30 Hand Washing 4 Lunch 1:00 Relaxing Time / One-on-One 2:00 Snack &amp; Chat 2:30 Scrabble 3:30 Music Time <b>5:00 Residents &amp; Family Dinner</b> 6:00 Residents Family Night w/Billy Mitchell</p>	<p>9:00 Zumba with Peggy 9:30 Water Painting 10:00 Snack &amp; Chat 10:30 Outside Time 11:00 Presidents 11:30 Hand Washing 4 Lunch 1:00 Relaxing Time / One-on-One 2:00 Snack &amp; Chat 2:30 Table Games 3:30 Manicures &amp; Hand Massages 4:00 Let's Go to the Hop 6:00 Floor Games</p>	<p>9:00 Exercise 9:30 Balloon Volleyball 10:00 Snack &amp; Chat 10:30 Bean Bag Toss 11:00 Trivia 11:30 Hand Washing 4 Lunch 1:00 Relaxing Time / One-on-One 2:00 Snack &amp; Chat 2:30 Table Games 3:30 Kickball 4:00 Television Time 6:00 Outside Time</p>
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<p>9:00 Exercise 9:30 Balloon Volleyball 10:00 Snack &amp; Chat 10:30 Outside Time 11:00 Hymn Music (Youtube) 11:30 Hand Washing 4 Lunch 1:00 Relaxing Time / One-on-One 2:00 Snack &amp; Chat 2:30 Word Games 3:30 Table Games 4:00 Music Meditation 6:00 Television Time</p>	 <p>Sept. 21<sup>st</sup>-J. Sinclair</p>	